

# Mental Health

Psychiatry and Counseling services available to active duty service members only to limited capacity. Non-active duty beneficiaries may call the toll-free TRICARE number for Value Options at 1-800-700-8646 and select the option for "Mental Health Assistance," for mental health or substance abuse information.

The Mental Health Clinic staff provides emergency mental health screening, triage and crisis intervention, assessment interviews (including special duty assignment interviews), psychological testing and treatment planning. Treatment may include individual therapy, marital therapy (for military married to military only), group therapy, psycho-educational groups, and medication. Active Duty individuals with needs beyond the capacity of our existing mental health resources will be provided with a referral for civilian services, but will be case managed by the Mental Health Clinic.

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**Telephone Number:** 582-6603

**Duty Hours:** Monday through Friday 7:00 a.m.-4:00 pm