



# “GIVE PARENTS A BREAK”

Military families are subject to unique stresses due to the nature of military life, deployments, remote tours of duty, etc. Through a Referral system, sponsored by the Air Force Aid Society, child care is available to eligible families a few hours a month to assist with the stresses of parenting.

**To be eligible for the program, families must be referred by one of the following base officials:**

- Squadron commander/first sergeant
- Chaplain
- Doctor or other medical professional
- Family Advocacy personnel
- Airman and Family Services Flight
- Personnel

**Families eligible for the program would include those feeling stress due to:**

Any military member being

- Deployed or TDY
- Enrolled in EFMP
- Having a child with special needs
- An emergency situation, such as illness of a family member
- The family recently moving to the base
- Unique circumstances or hardships

## How to make reservations

- The Resource and Referral Office will take reservations on a *first – come – first – serve* basis. Monday-Wednesday 0800-1600
- Call 734-7980 or come by building 6001 the week of the event
- Only patrons who have the following documents on file can register:
  - AF Form 1181
  - Current shot record
  - Current referral certificate
- **The cut-off for registration is 1600 Wednesday prior to the event**
- **Special Medical concerns/ Allergies contact R& R for more info**

GPAB is open for youth ages 6 months to 12 years of age. Children between the ages of 6 months to 5 years of age will attend the Child Development Center and youth 5 years to 12 years of age will attend the Youth Center.

### GPAB Dates 2012

Jan 21st 1300-1800	Feb 11th 1700-2200	Mar 10th 1300-1800
Apr 21st 1700-2200	May 19th 1300-1800	Jun 16th 1700-2200
Jul 21st 1300-1800	Aug 18th 1700-2200	Sep 22nd 1300-1800
Oct 20th 1700-2200	Nov 10th 1300-1800	Dec 8th 1700-2200