

#StopTheSpread

Travel Recommendations

Source: Centers for Disease Control and Prevention and U.S. Department of State



International Travel

NO

YES

CORONAVIRUS DISEASE 2019 (COVID-19)

Domestic Travel

RECOMMENDATIONS AND REQUIREMENTS

Not Vaccinated

Fully Vaccinated

Get tested 1-3 days before travel



Get tested 3-5 days after travel and self-quarantine for 7 days. Self-quarantine for 10 days if you don't get tested.



Self-monitor for symptoms



Wear a mask and take other precautions during travel



CDC

cdc.gov/coronavirus

CDC

CS323515-A 04/02

CORONAVIRUS DISEASE 2019 (COVID-19)

International Travel

RECOMMENDATIONS AND REQUIREMENTS

Not Vaccinated

Fully Vaccinated

Get tested 1-3 days before traveling out of the US



Mandatory test required before flying to US



Get tested 3-5 days after travel



Self-quarantine after travel for 7 days with a negative test or 10 days without test



Self-monitor for symptoms



Wear a mask and take other precautions during travel



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COVID hotline hours

Tinker's COVID hotline, 405-582-6297, is open from 6 a.m. to 6 p.m. daily. The hotline is specifically intended for those who receive positive notifications and known close contacts. People with general public health questions on sanitization can also call the hotline.

Outside of duty hours, symptomatic patients can call the Nurse Advice Line at 1-800-874-2273 or go to urgent care.

For non-COVID issues or to follow up with a primary care manager during duty hours, call the appointment line at 405-734-2778.

Masks are effective only when used in combination with frequent hand-cleaning with alcohol-based hand rub or soap and water.



Travel Information Links:

Domestic Travel During COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

International Travel During COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>

U.S. Department of State Travel Advisory

<https://travel.state.gov/content/travel/en/traveladvisories/COVID-19-Country-Specific-Information.html>

COVID-19 Travel Recommendations by Destination

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html>

Requirement for Proof of Negative COVID-19 Test or Recovery from COVID-19 for All Air Passengers Arriving in the United States

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-international-air-travelers.html>